



Wordpress Workshop



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Welcome!!

Wordpress 4 Beginners

“

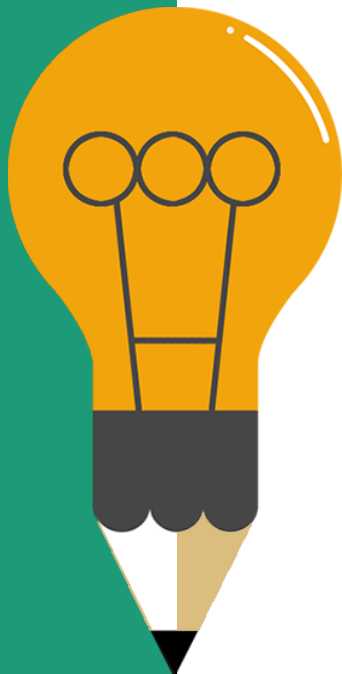
Our mission is To contribute to human and community development through education and technological innovation.

”





Agenda Style



01

What is Wordpress

02

Installing MAMP

03

Creating a DATABASE for your WP site

04

Installing Wordpress

05

Using Wordpress



What is Wordpress?

Beautiful designs, powerful features, and the freedom to build anything you want.

WordPress is both free and priceless at the same time.

Trusted by the Best

30% of the web uses WordPress, from hobby blogs to the biggest news sites online.

It was created by and for the community.

WordPress is an Open Source project, which means there are hundreds of people all over the world working on it.



WORDPRESS



Wordpress.org vs Wordpress.com

With **WordPress.org**, you host your own blog or website. WordPress.org is where you'll find the free WordPress software that you can download and install on your own web server.

WordPress.com is a blogging and website service owned by a company called Automattic. WordPress.com uses the open source WordPress software.





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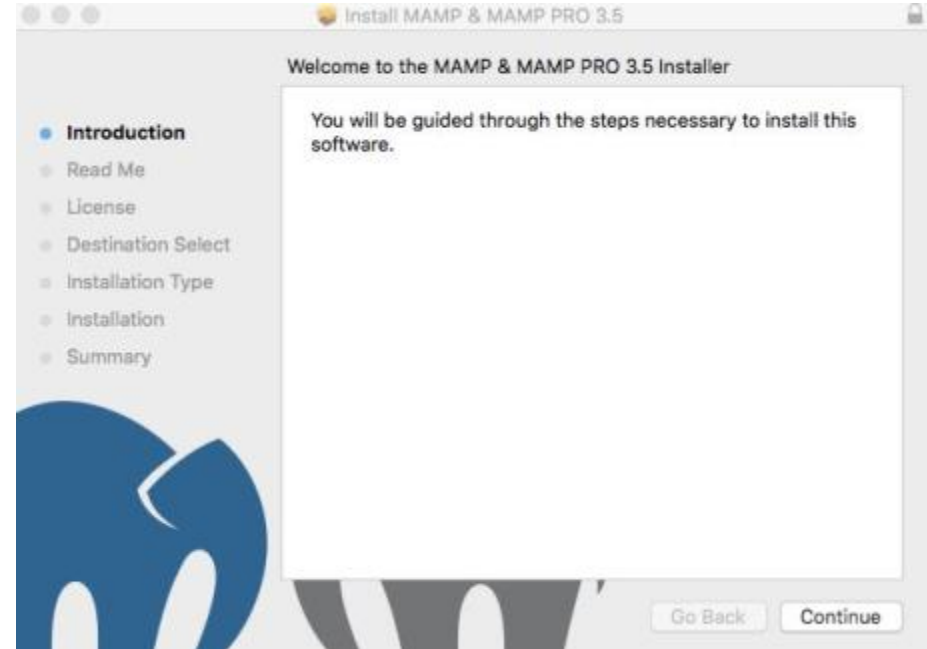


Any questions?

Questions?

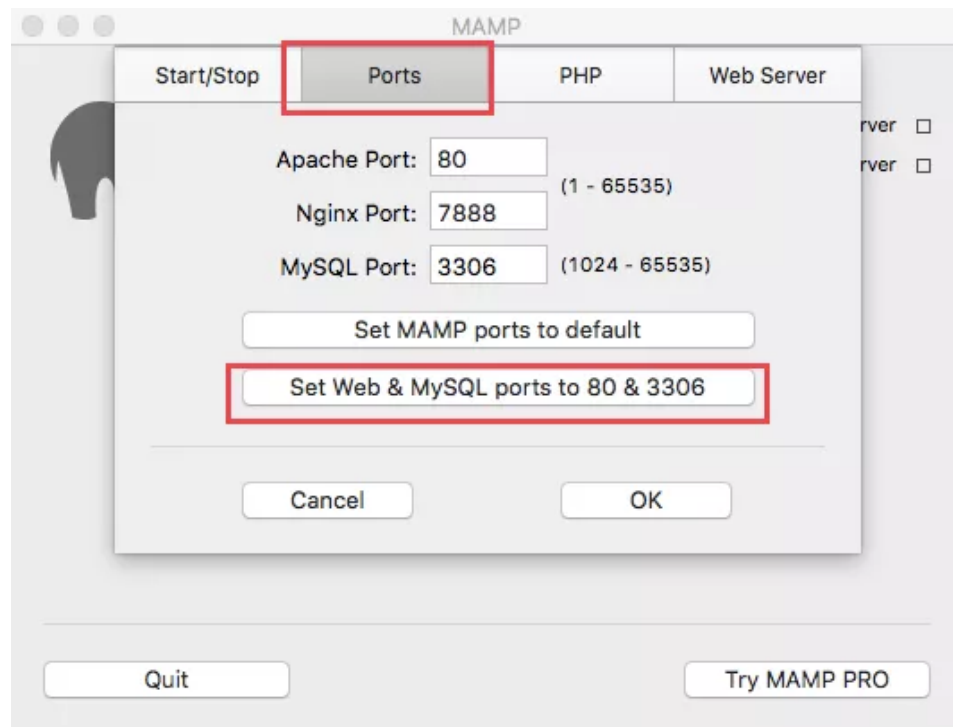
Installing MAMP

1. Download [MAMP for free.](#)
2. Open it and follow the prompts to install the MAMP application.
3. Open the icon for MAMP in your applications folder. MAMP automatically gives you both the paid and free version



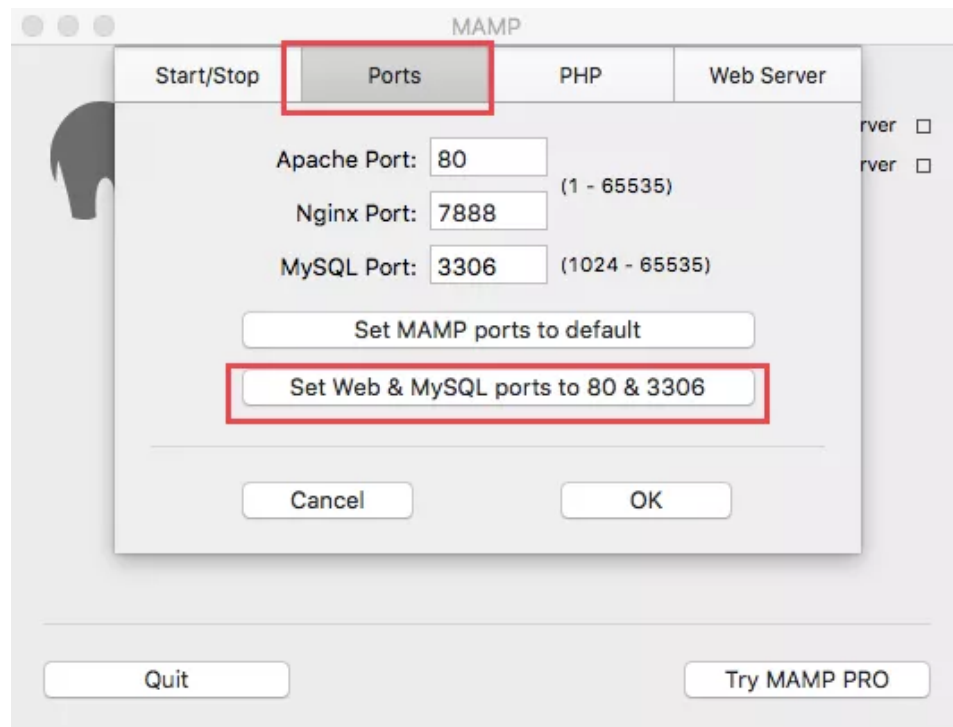
Installing MAMP

1. Once the MAMP app dashboard is open, select the gear icon for 'Preferences'
 2. From the 'Preferences' screen, select the 'Ports' tab and click 'Set Web & MySQL ports to 80 & 3306' and click 'OK'.
- Doing this will allow you access your local websites from `http://localhost` instead of `http://localhost:8888` which will make your life easier later.



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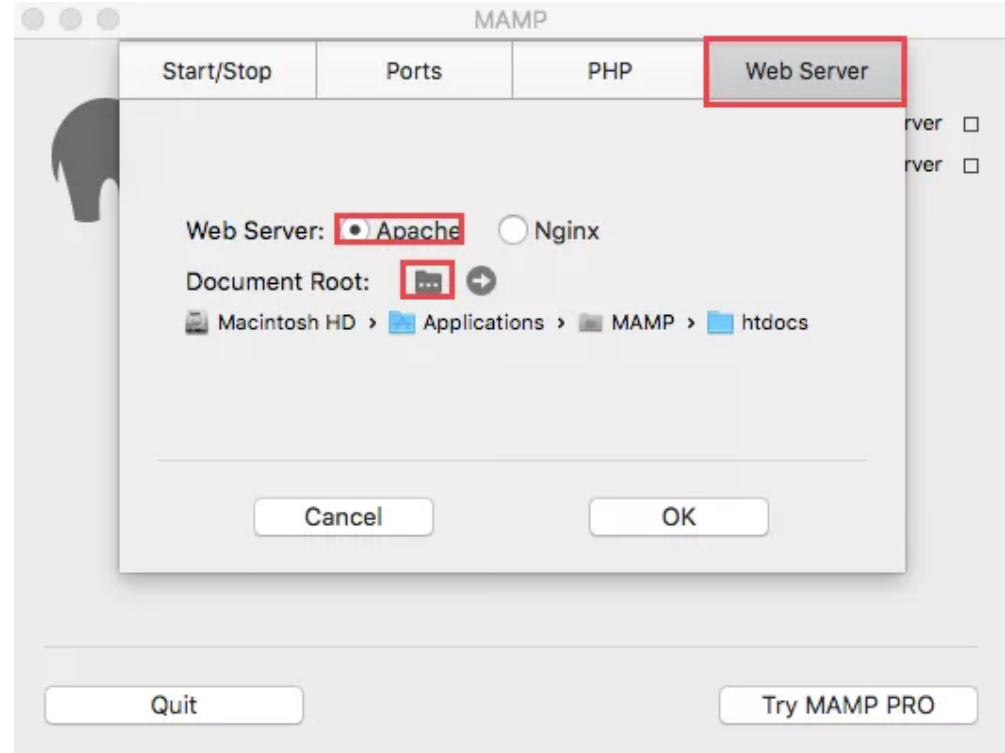


Installing MAMP



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1. Next, click to the tab within preferences that says 'Web Server'. Make sure 'Apache' is selected and click the folder icon option under 'Document Root.'





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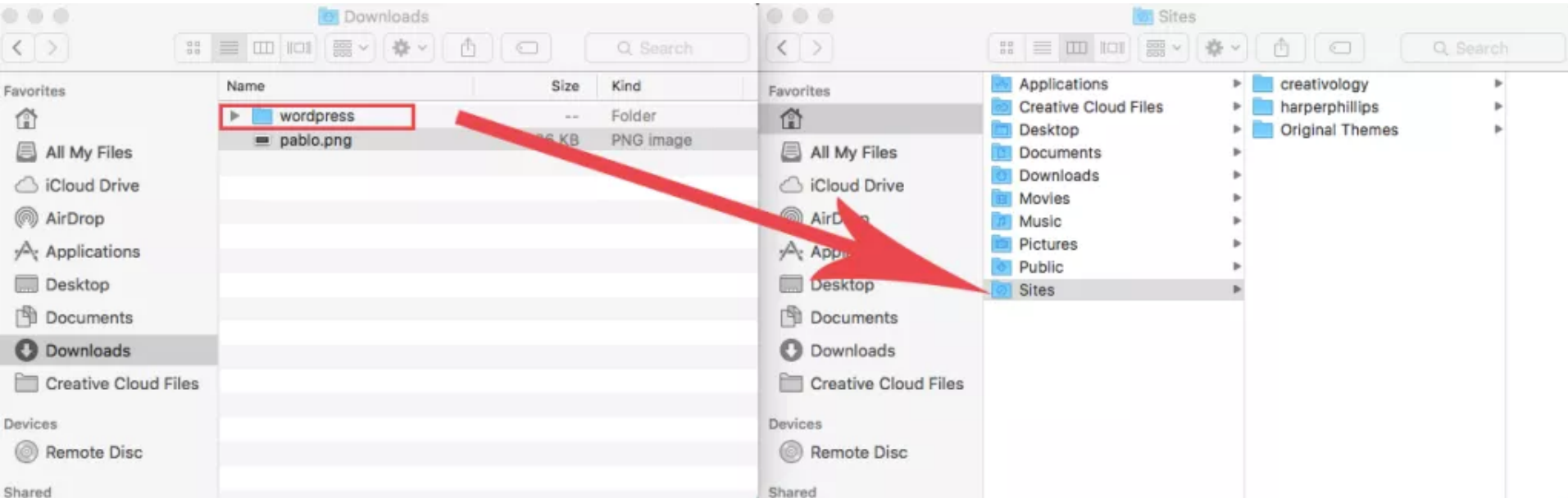
Installing WordPress

Questions?

Installing WordPress

1.Download WordPress

2.Unzip your WordPress zip download and drag the folder into your “Sites” folder. (Or whatever folder you set up as the “Document Root” when you installed MAMP. Setting info is located under “Preferences > Web Server.”)

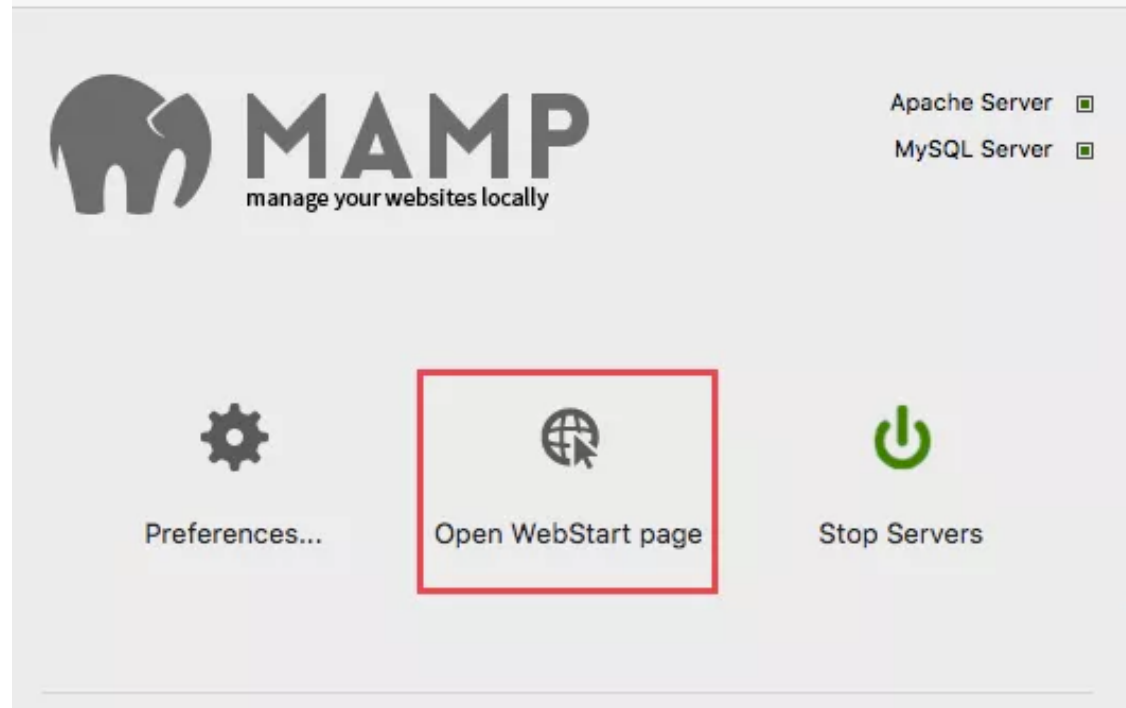


Installing WordPress



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1. In MAMP, click “Open WebStart Page” which will open a MAMP page in your browser.



Installing WordPress

1. In the MAMP browser window that pops up, select “phpMyAdmin” under the “Tools” drop-down.



Installing WordPress



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1. In phpMyAdmin, you'll create a new database for this WordPress installation. Click the "Databases" tab and create a new database by typing in a name — remember it for later — and clicking "Create".

The screenshot shows the phpMyAdmin interface for a local MySQL server (localhost:3306). The 'Databases' tab is selected and highlighted with a red box. On the left sidebar, the 'New' button is visible. The main panel shows the 'Create database' form, where the database name 'wphp' is entered in a text field, also highlighted with a red box. Below the form, a yellow banner contains a note: 'Note: Enabling the database statistics here might cause heavy tra...'. A table lists existing databases: 'information_schema' (utf8_general_ci), 'mysql' (latin1_swedish_ci), and 'performance_schema' (utf8_general_ci). At the bottom, there are checkboxes for 'Check All' and 'Enable Statistics', and a 'Drop' button for selected databases.

Server: localhost:3306

Databases SQL Status Users Export Imp

Databases

Create database ?

wphp Collation Create

Note: Enabling the database statistics here might cause heavy tra

	Database ▲	Collation	
<input type="checkbox"/>	information_schema	utf8_general_ci	Check Privileges
<input type="checkbox"/>	mysql	latin1_swedish_ci	Check Privileges
<input type="checkbox"/>	performance_schema	utf8_general_ci	Check Privileges
	Total: 3	latin1_swedish_ci	

↑ ☐ Check All With selected: ☒ Drop

- [Enable Statistics](#)

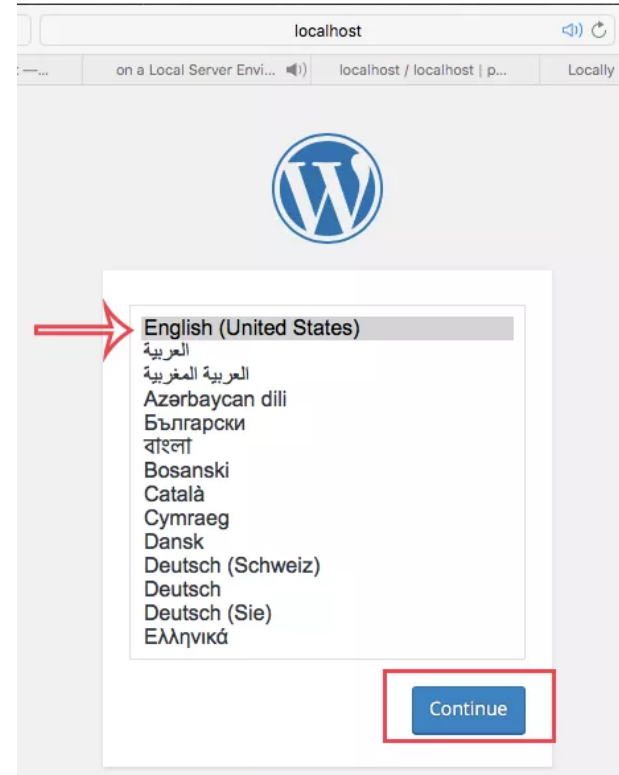
Installing WordPress



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In your browser,
visit <http://localhost:80/wordpress>. (Assuming
your MAMP is serving on port 80, and you put
WordPress in the WordPress folder.)

Select your language and click “Continue.”



Installing WordPress



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Welcome to WordPress. Before getting started, we need some information on the database. You will need to know the following items before proceeding.

1. Database name
2. Database username
3. Database password
4. Database host
5. Table prefix (if you want to run more than one WordPress in a single database)

We're going to use this information to create a `wp-config.php` file. **If for any reason this automatic file creation doesn't work, don't worry. All this does is fill in the database information to a configuration file. You may also simply open `wp-config-sample.php` in a text editor, fill in your information, and save it as `wp-config.php`.** Need more help? [We got it.](#)

In all likelihood, these items were supplied to you by your Web Host. If you don't have this information, then you will need to contact them before you can continue. If you're all ready...

Let's go!

We know our database details and already created the database. So we'll click "Let's go!" on the next screen.

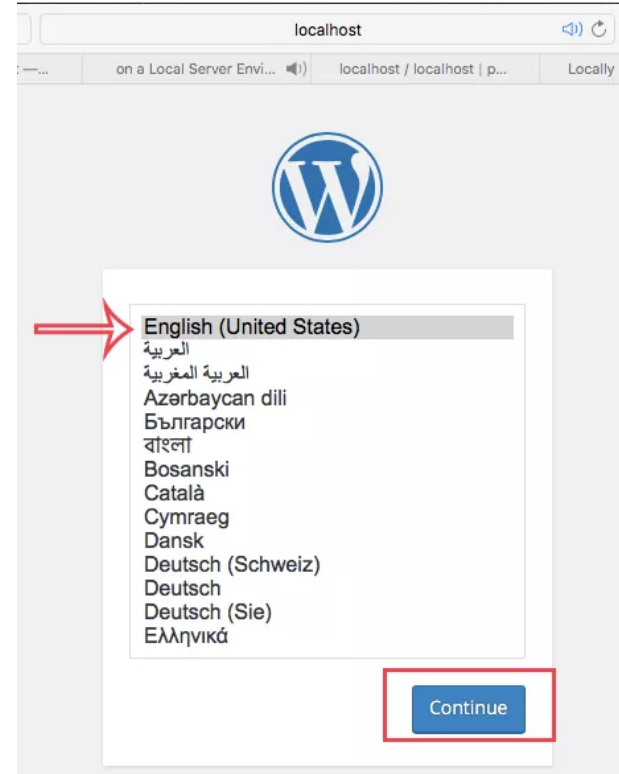
Installing WordPress



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In your browser, visit `http://localhost:80/wordpress`. (Assuming your MAMP is serving on port 80, and you put WordPress in the `wordpress` folder.)

Select your language and click “Continue.”



Installing WordPress



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Enter your database details and click
“Submit”.

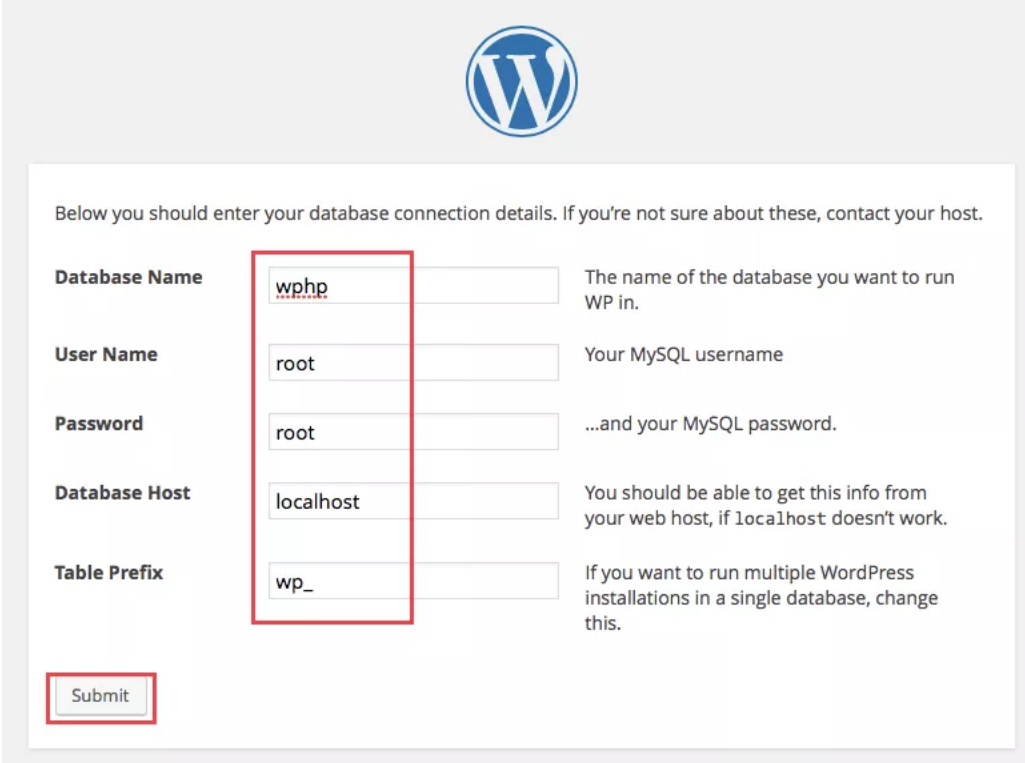
Database Name: your database from
step 6 (mine was "wphp")

User Name: root

Password: root

Database Host: localhost

Table Prefix: wp_



The image shows the WordPress installation database configuration screen. At the top is the WordPress logo. Below it is a heading: "Below you should enter your database connection details. If you're not sure about these, contact your host." There are five input fields, each with a label and a description to the right. The fields are: Database Name (wphp), User Name (root), Password (root), Database Host (localhost), and Table Prefix (wp_). A red box highlights the Database Name, User Name, Password, and Table Prefix fields. At the bottom left is a "Submit" button, also highlighted with a red box.

Database Name	<input type="text" value="wphp"/>	The name of the database you want to run WP in.
User Name	<input type="text" value="root"/>	Your MySQL username
Password	<input type="text" value="root"/>	...and your MySQL password.
Database Host	<input type="text" value="localhost"/>	You should be able to get this info from your web host, if localhost doesn't work.
Table Prefix	<input type="text" value="wp_"/>	If you want to run multiple WordPress installations in a single database, change this.

Installing WordPress



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Click 'Run the install'.



All right, sparky! You've made it through this part of the installation. WordPress can now communicate with your database. If you are ready, time now to...

Run the install

Installing WordPress



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Enter in the requested information: site title, username, password, and email. Because this is a local install and is only available on your computer, don't have to worry too much about creating a secure password. Then click "Install."

Information needed

Please provide the following information. Don't worry, you can always change these settings later.

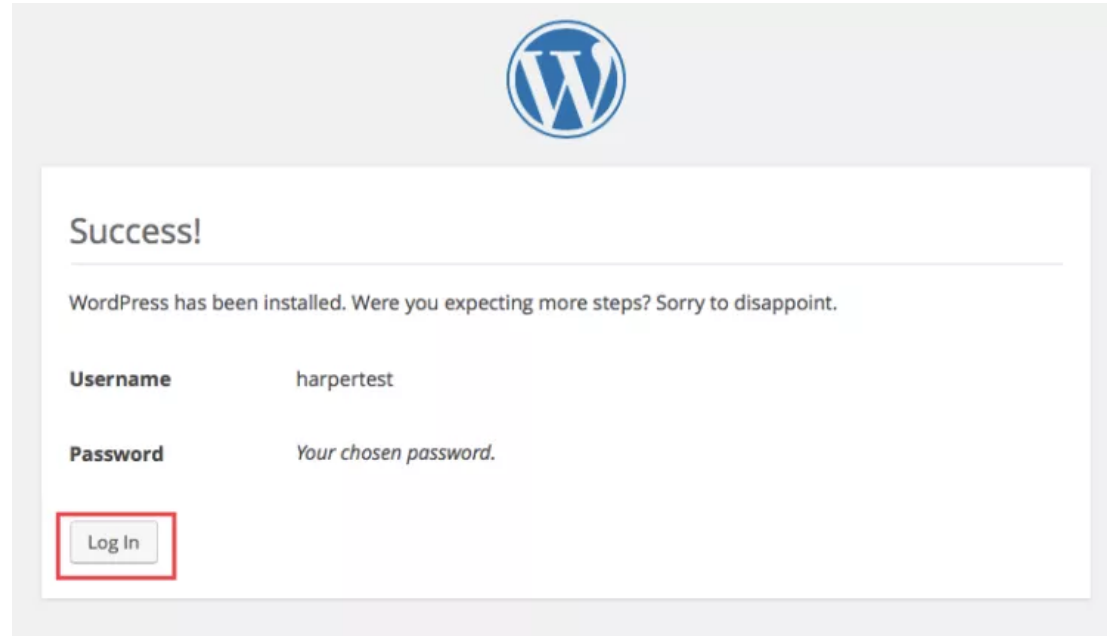
Site Title	<input type="text" value="harperphillips"/>
Username	<input type="text" value="harperptest"/> <small>Usernames can have only alphanumeric characters, spaces, underscores, hyphens, periods, and the @ symbol.</small>
Password	<input type="password" value="password1"/> Hide Very weak Important: You will need this password to log in. Please store it in a secure location.
Confirm Password	<input checked="" type="checkbox"/> Confirm use of weak password
Your Email	<input type="text"/> <small>Double-check your email address before continuing.</small>
Search Engine Visibility	<input type="checkbox"/> Discourage search engines from indexing this site <small>It is up to search engines to honor this request.</small>

Installing WordPress



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You did it! Click “Log In”. You’ll be directed to the familiar WordPress login page, which should be located at <http://localhost/wordpress/wp-login.php>. Make sure you bookmark the URL so you can easily log in in the future.



Accessing the WordPress



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http://localhost:8888/wordpress/wp-login.php

The screenshot shows a web browser window with the address bar displaying `localhost:8888/wordpress/wp-login.php?loggedout=true`. The browser's tab bar includes several open tabs: "Guia do CFTV - Do...", "Maximus Intranet", "Project Management", "Casa da Cópia - Joi...", "Nova pasta", and "Sur...". The main content area of the browser shows the WordPress login interface. At the top right is the WordPress logo. Below it, a message states "You are now logged out." The login form contains two input fields: "Username or Email Address" with the text "pedro" entered, and "Password" which is masked with dots. Below the password field is a checkbox labeled "Remember Me". A blue "Log In" button is positioned to the right of the "Remember Me" checkbox.

Accessing the WordPress



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The screenshot shows the WordPress Dashboard for a user named Pedro. The top navigation bar includes the WordPress logo, a home icon, the name 'Pedro', a refresh icon with a '1' badge, a comments icon with a '0' badge, a '+ New' button, and a user profile icon with the text 'Howdy, pedro'. Below this is a sidebar menu with links to Dashboard, Home, Updates (1 badge), Posts, Media, Pages, Comments, Appearance, Plugins (1 badge), Users, Tools, Settings, and a Collapse menu button. The main content area is titled 'Dashboard' and features a 'Welcome to WordPress!' message with a 'Dismiss' button. Below the welcome message are three sections: 'Get Started' with a 'Customize Your Site' button and a link to 'or, change your theme completely'; 'Next Steps' with links to 'Write your first blog post', 'Add an About page', and 'View your site'; and 'More Actions' with links to 'Manage widgets or menus', 'Turn comments on or off', and 'Learn more about getting started'. At the bottom, there are two widgets: 'At a Glance' showing '1 Post', '1 Page', and '1 Comment', and 'Quick Draft' with a 'Title' input field and a text area for 'What's on your mind?'. The footer of the dashboard indicates 'WordPress 4.9.4 running Twenty Seventeen theme.'

WordPress Dashboard Interface:

- Top Bar:** WordPress logo, Home, Pedro, Refresh (1), Comments (0), + New, Howdy, pedro.
- Sidebar:** Dashboard, Home, Updates (1), Posts, Media, Pages, Comments, Appearance, Plugins (1), Users, Tools, Settings, Collapse menu.
- Main Content Area:**
 - Welcome to WordPress!** (Dismiss)
 - Get Started:** Customize Your Site (or, change your theme completely)
 - Next Steps:** Write your first blog post, Add an About page, View your site
 - More Actions:** Manage widgets or menus, Turn comments on or off, Learn more about getting started
- Bottom Widgets:**
 - At a Glance:** 1 Post, 1 Page, 1 Comment. WordPress 4.9.4 running Twenty Seventeen theme.
 - Quick Draft:** Title, What's on your mind?

Hands ON

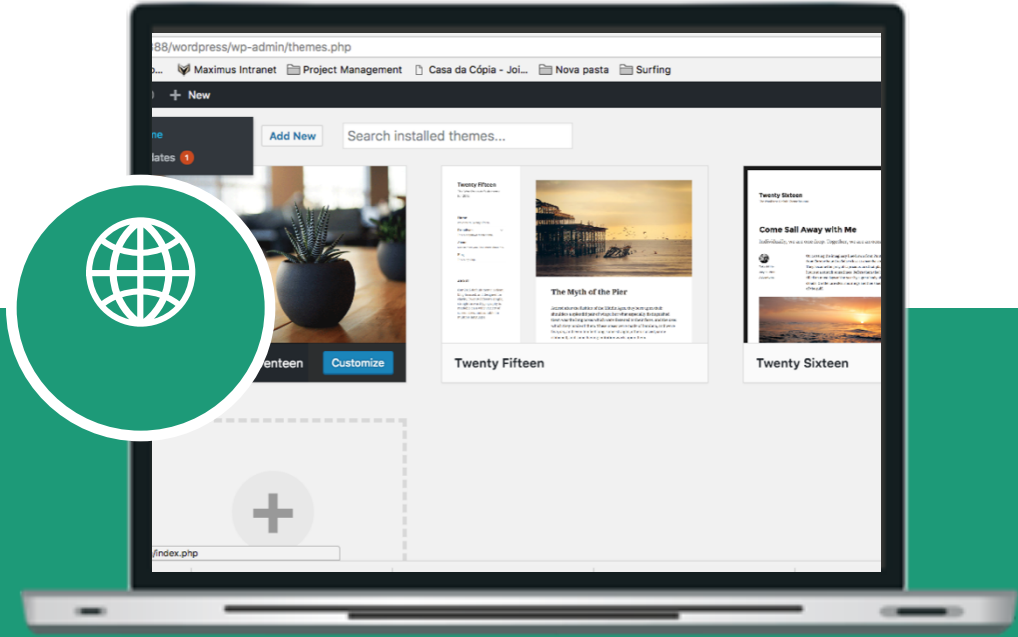
Time to practice!



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Now you have access to your
WordPress site, please, login and let's
make the magic happen!

Don't be afraid to commit mistakes, this
website is only accessible to you as it is
not part of the Internet.



Hands on

01

Change the Theme

Login to your WordPress site, click on Appearance, Customize

02

Create a new Page

Create a new page, such as About us

03

Create a new Post

Create a new post and find out how it shows in your site

04

Create a Menu

You can simply create new menus and change it as you want

05

Upload images

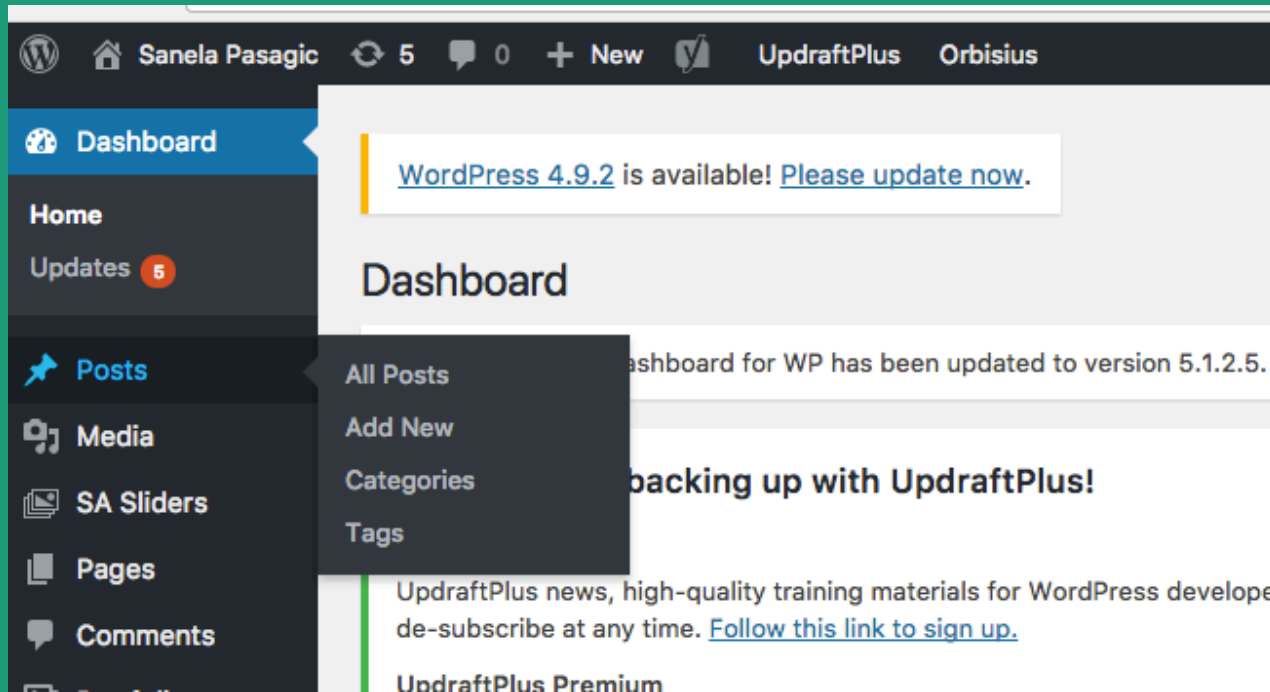
You can upload medias such as image, pdf, documents, links and more!

06

Find plugins

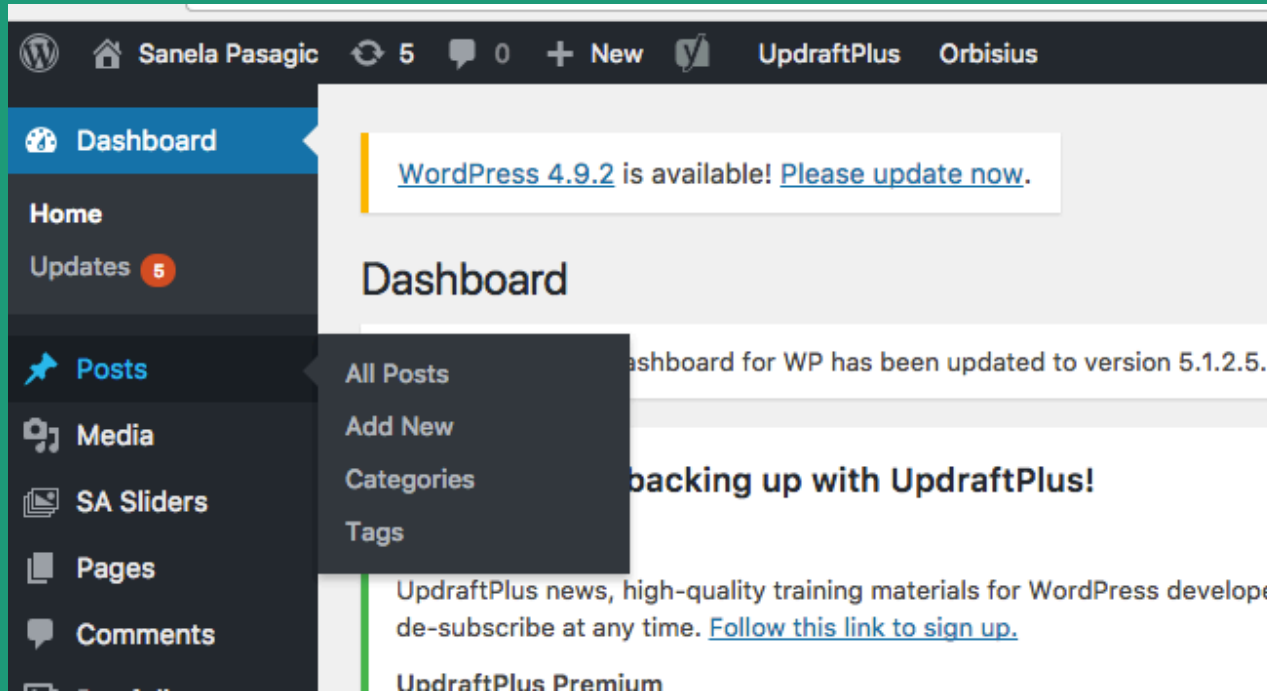
WordPress has 100000 of useful plugins, forms, SEO, Gallery and much more, find them and choose the right one!

Dashboard



Here you have your dash board.
On the left side menu you can/create/delete edit posts, pages, media and edit your site

Blog



Click on Posts and Click Add new (to add a new post)

Blog/post

Add a new post title

Add the content in the big text below

Add a New Post

Add Media

VisualText

Paragraph **B** *I*

Featured Image ▲

[Set featured image](#)

Blog/post

You can select categories and click publish to publish your post on the blog page

This screenshot shows the 'Publish' sidebar of a blog editor. At the top, there are 'Save Draft' and 'Preview' buttons. Below these, the status is 'Draft' with an 'Edit' link. The visibility is set to 'Public' with an 'Edit' link. The publish time is set to 'Publish immediately' with an 'Edit' link. There are also two readability/SEO indicators: 'Readability: Needs improvement' and 'SEO: Not available'. At the bottom of the sidebar is a large blue 'Publish' button.

Publish

Save Draft Preview

🔑 Status: **Draft** [Edit](#)

👁️ Visibility: **Public** [Edit](#)

📅 Publish **immediately** [Edit](#)

📖 Readability: **Needs improvement**

🔍 SEO: **Not available**

Publish

This screenshot shows the 'Categories' sidebar of a blog editor. It has two tabs: 'All Categories' and 'Most Used'. Under 'Most Used', there is a list of categories with checkboxes: 'Blog', 'Events', 'General', 'Hypnotherapy', 'Lifestyle', and 'Tips and Advice'. At the bottom of the sidebar is a link to '+ Add New Category'.

Categories

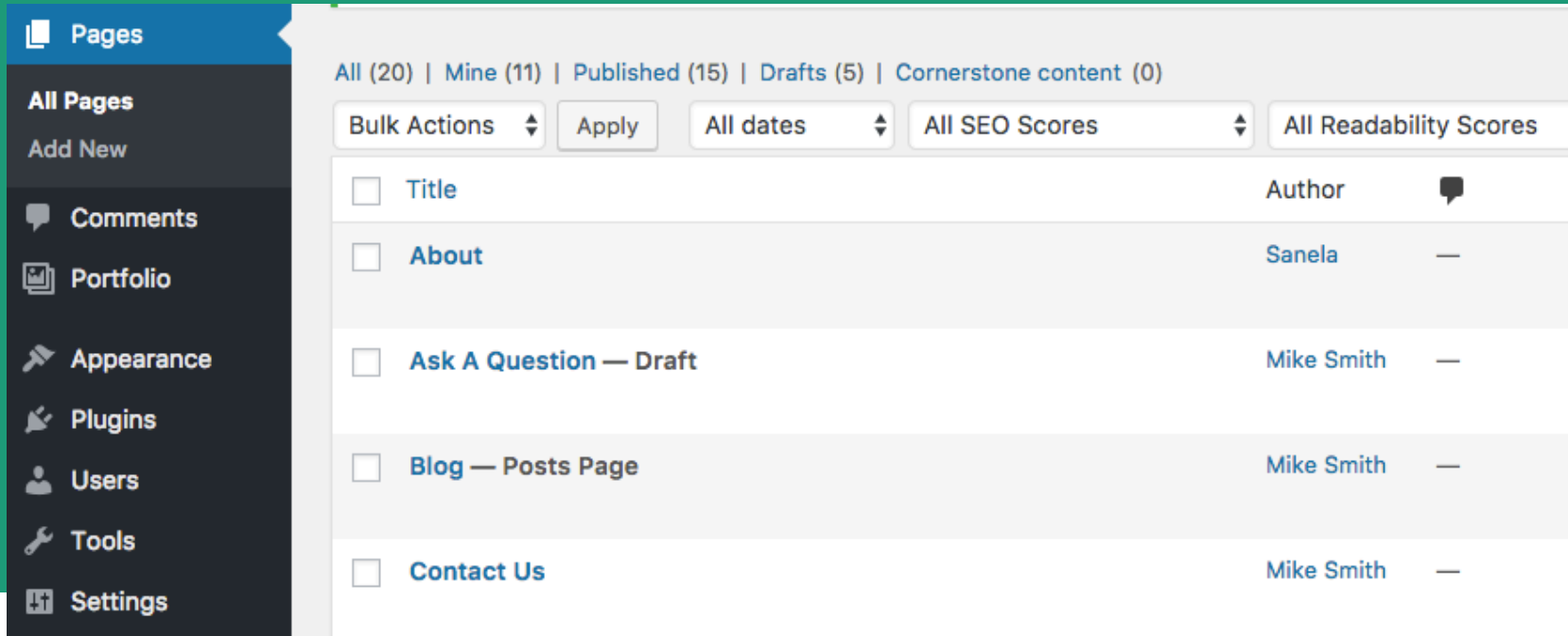
All Categories **Most Used**

- ☐ Blog
- ☐ Events
- ☐ General
- ☐ Hypnotherapy
- ☐ Lifestyle
- ☐ Tips and Advice

[+ Add New Category](#)

Pages

With the pages you can edit, create and delete all your site pages
Just click on the page to edit it



The screenshot shows the WordPress 'Pages' management interface. On the left is a dark sidebar with navigation links: 'Pages' (selected), 'All Pages', 'Add New', 'Comments', 'Portfolio', 'Appearance', 'Plugins', 'Users', 'Tools', and 'Settings'. The main content area has a header with filters: 'All (20) | Mine (11) | Published (15) | Drafts (5) | Cornerstone content (0)'. Below this is a toolbar with 'Bulk Actions', 'Apply', 'All dates', 'All SEO Scores', and 'All Readability Scores'. The main table lists pages with columns for selection, title, author, and a comment icon.

<input type="checkbox"/>	Title	Author	
<input type="checkbox"/>	About	Sanela	—
<input type="checkbox"/>	Ask A Question — Draft	Mike Smith	—
<input type="checkbox"/>	Blog — Posts Page	Mike Smith	—
<input type="checkbox"/>	Contact Us	Mike Smith	—



Pages

Push down to see
all your pages

Sliders	<input type="checkbox"/> Services	Sanela
Pages	<input type="checkbox"/> — Australian Peace, Harmony and Love Project	Sanela
Pages	<input type="checkbox"/> — Hypno-Psychotherapy	Sanela
Pages	<input type="checkbox"/> — HYPNOTHERAPY	Sanela
Comments	<input type="checkbox"/> — Life between lives regression	Sanela
Portfolio	<input type="checkbox"/> — Meditation Edit Quick Edit Trash View	Sanela
Appearance	<input type="checkbox"/> — Past life regression	Sanela
Plugins	<input type="checkbox"/> — Psychological Counselling	Sanela
Pages	<input type="checkbox"/> — Reiki Healing	Sanela
Tools	<input type="checkbox"/> — The Five Precepts	Sanela
Settings		
0		
Create Forms		
BackupGuard		
Google Analytics		
Collapse menu		

Pages

Edit Page
Add New

Services

Permalink: <http://sanela.com.au/services/>
Edit

Add Media

Paragraph
B
I
List
List
Quote
List
List
List
Link
Image
Table
Table
Image
Visual
Text

[slide-anything id='311']

MY SERVICES

Hypnotherapy

My role as a hypnotherapist is to guide you to move beyond limiting or destructive behaviour patterns and to support you in achieving what you want for yourself in life.

Hypno-Psychotherapy

Hypno-Psychotherapy is an extension of hypnotherapy utilising the integrative techniques of psychotherapy. This is beneficial for more complex emotional, psychological or physical issues.

Publish

Preview Changes

Status: **Published** [Edit](#)

Visibility: **Public** [Edit](#)

Revisions: **3** [Browse](#)

Published on: Jul 12, 2017 @ 15:00 [Edit](#)

Readability: **Needs improvement**

SEO: **Not available**

[Move to Trash](#)
[Update](#)

Page Attributes

Parent

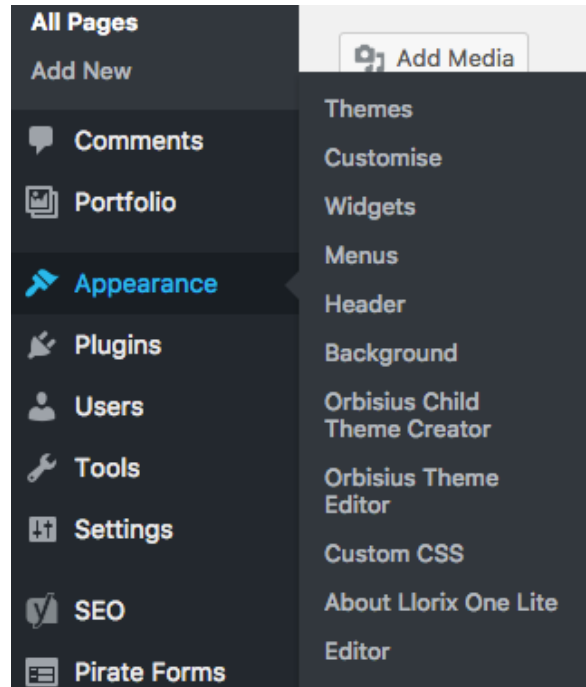
(no parent)

Inside the page y
ou can edit the tit
le

The content

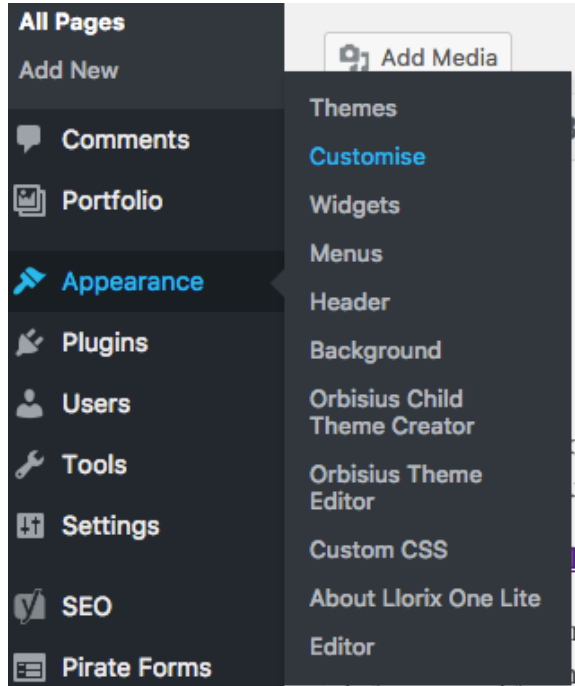
And Update the p
age

Change appearance



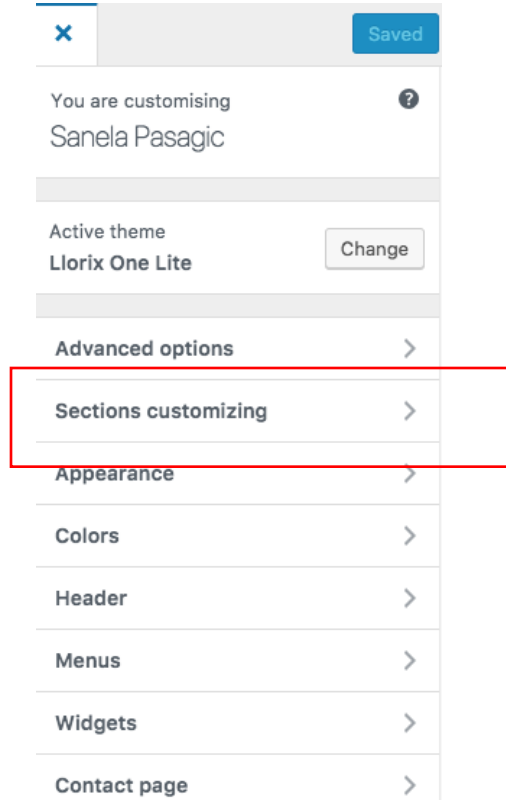
Here you can click on Customise to change the appearance of your website, (I do not recommend to do it)

Change appearance



Here you can click on Customise to change the appearance of your website, (I do not recommend to do it)

Change appearance



If you want to change the first page

Click on Sections Customizing



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Thank you

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CRICOS Code: 03586M, RTO CODE: 45137